

www.theharmonyhero.com

A portrait of Sherry Grote, a woman with blonde, wavy hair, smiling. She is wearing a blue top and a necklace with a large, ornate pendant. The background is a solid dark grey.

Sherry Grote

#1 AMAZON BESTSELLING AUTHOR
MOTIVATIONAL SPEAKER
& LEADERSHIP COACH

MEDIA KIT

Co-Author | Influence in Action™ Series | Amazon #1 Bestseller

Meet Sherry!

#1 AMAZON BESTSELLING AUTHOR, MOTIVATIONAL SPEAKER & COACH

Sherry Grote, The Harmony Hero, is a **#1 Amazon Bestselling Author**, strategic leadership expert, and keynote speaker who helps high-performing leaders trade white-knuckling it for holding it together on purpose.

With over two decades of experience driving growth and brand transformation in high-pressure industries, Sherry discovered a defining truth. The most resilient leaders don't hold the firmest shape. They reshape without losing their essence. She calls this leading like Play-Doh: protecting your story, values, and purpose while adapting systems and structures to meet evolving demands.

Her credibility is both professional and deeply personal. While climbing the corporate ladder, Sherry also spent twelve years as a caregiver to her husband after his brain stem stroke, a season that taught her what no leadership seminar ever could. Those years taught her that influence isn't about control. It's about strategic pliability: bending without breaking and finding balance amid constant change.

Earlier in her journey, Sherry earned her pastoral license, grounding her leadership philosophy in principles that work in both life and business. This unique blend of corporate strategy, pastoral insight, and lived resilience shaped what she now teaches, and what she has now published. Her co-authored chapter in the Influence in Action™ Series became part of an Amazon #1 bestselling book, reaching leaders across the country with a message they couldn't put down.

Today, Sherry builds tools, tables, and community for leaders running on empty and still showing up. Her work helps organizations reduce burnout, increase engagement, and create lasting impact by leading with clarity, confidence, and adaptability.

When story meets system, harmony happens.

My Why!



Caffeinated, duct-taped together, and dancing through the storms of life.



SPEAKING TOPICS

- ✓ From Frayed to Fearless: Creating Balance in Leadership and Life
- ✓ Riding the Waves: Leading with Calm Through Life's Storms
- ✓ Marketing in Motion: Creating Harmony Between Strategy and Story
- ✓ Pliable, Not Programmable: The Play-Doh Principle AI vs EQ

AS SEEN ON:

- BeeFormless Podcast
- Badass Leaders Podcast
- Revenue Rehab Podcast
- Hire Ground Podcast
- Demandbase Podcast
- NTM Growth Marketing Podcast
- Mind Matters Podcast
- World Diversity in Leadership Conference 2025
- Mississippi Health Disparities Conference
- Weekend Leadership Retreats



Client Testimonials

“

There aren't sufficient words to articulate Sherry's impact as both a leader and human being.

Lindsay S.

“

In short, working with Sherry has been a game-changer for my career.

Amir J.



WHO I WORK WITH

I work with **high-performing leaders** who are **tired of white-knuckling it** and ready to hold things together on purpose, especially those navigating demanding careers **while managing caregiving** responsibilities. And I partner with:

- **Marketing Mavericks** ready to break down silos and foster collaboration
- **HR Leaders** transforming workplace culture,
- **Visionary CEOs** seeking hyper-growth through the power of human potential
- **Change Makers** who refuse to accept the status quo

Together, we turn complexity into harmony, challenges into opportunities for growth and pressure into possibility.

WHAT YOU CAN EXPECT

As a #1 Amazon Bestselling Author and creator of the Harmony Hero™ Framework, I transform overwhelmed leaders into confident, capable changemakers through high-impact storytelling and the proven framework that has now reached thousands of readers nationally.

My sessions are dynamic, practical, and deeply human, meeting audiences exactly where they are and moving them forward with clarity and purpose. Audiences leave with clear insights and usable strategies that turn chaos into focus, resistance into momentum, and complexity into collaboration. Every experience builds confidence, strengthens adaptability, and equips leaders to navigate change with resilience, alignment, and lasting impact long after the event ends.



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GET IN TOUCH

Let's build something that holds, together.

Invite me to speak and discover how your audience can move from frayed to fearless. Or pick up a copy of the #1 Amazon Bestselling Influence in Action™ Series and start the journey today.

Caffeinated, duct-taped together, and dancing through the storms.

Sherry